

East Bay OEC 2019

Session	Date	Topic
Before 1st Class		<p>Chapter 1: Introduction to OEC</p> <p>Chapter 2: Emergency Care Systems</p> <p>Chapter 3: Rescue Basics</p> <p>Chapter 6: Human Anatomy and Physiology</p> <p>Chapter 7: Patient Assessment</p> <p>Chapter 8: Medical Communications and Documentation</p> <p>This is the minimum- best to have read the whole book</p>
1	Monday September 16	<p>Chapter 9: Airway Management</p> <p>Guided Practice (GP): Vital Signs, BSI, Assessment</p>
2	Wednesday September 18	<p>Chapter 10: Shock</p> <p>GP: ABC/LOC/SAMPLE/Urgent Body Survey</p>
3	Monday September 23	<p>Chapter 17: Principles of Trauma</p> <p>GP: O2 Administration, Airway Management, Intro to Bandaging, Bleeding</p>
4	Wednesday September 25	<p>Chapter 13: Respiratory Emergencies</p> <p>Chapter 14: Allergies and Anaphylaxis</p> <p>Chapter 15: Cardiovascular Emergencies</p> <p>Chapter 33: Behavioral Emergencies</p> <p>GP: Upper and Lower Extremity Bandaging, Intro to Splinting</p>
5	Monday September 30	<p>Chapter 11: Altered Mental Status</p> <p>Chapter 12: Substance Abuse & Poisoning</p> <p>Chapter 20: Musculoskeletal Injuries</p> <p>GP: Upper and lower Body Splinting</p>
6	Wednesday October 2	<p>Chapter 32: Outdoor Adaptive Athletes</p> <p>GP: Splinting Cont., Boot Removal</p> <p>Please bring ski/snowboard boots to class</p>

7	Monday October 7	Chapter 16: Gastrointestinal & Genitourinary Emergencies GP: Put it all together - Head to Toe
8	Wednesday October 9	Mid-Term Practical (All activities to date) <i>Entrance Requirement= CPR Certification Card and OEC Book</i> Chapter 27: Plant and Animal Emergencies
9	Saturday October 12	Chapter 21: Head and Spine Injuries GP: Backboard Saturday
10	Monday October 14	Chapter 5: Moving, Lifting & Transporting Px Chapter 23: Thoracic Trauma GP: Lifts, Loads, Chest Injury Immobilization, Helmet Removal Please bring ski helmet/motorcycle helmet
11	Wednesday October 16	Chapter 31: Geriatric Emergencies GP: Sager Traction Splint
12	Monday October 21	Chapter 24: Abdominal and Pelvic Trauma GP: Hip/Pelvic Immobilization
13	Wednesday October 23	Chapter 22: Face, Eye and Neck Injuries GP: Bandaging Eye, Face and Neck Injuries
14	Monday October 28	Chapter 25: Cold Related Emergencies Chapter 26: Heat Related Emergencies Chapter 28: Altitude Related Emergencies Chapter 29: Water Related Emergencies GP: Bringing it all together
15	Wednesday October 30	Chapter 30: Pediatric Outdoor Emergencies Chapter 34: Obstetrics and Gynecological Emergencies GP: Pediatric Care
16	Monday November 4	Chapter 4: Mass Casualty Incident Command And Triage

MC

GP: Mass Casualty Incident Management
Please bring friends and family for victims

17 Written Final	Wednesday November 6	Final Written Exam (comprehensive) GP: Practice after test if desired
Final	Saturday November 9	Final Practical Evaluation
